



Dairy Queen® Gluten Sensitive Guide*

The following menu items do not contain sources of gluten ingredients: wheat, rye, oats, or barley.

Treats

- Chocolate or Vanilla Soft Serve
- Manufactured novelties: *DQ*® Fudge Bar, *DQ* Vanilla Orange Bar, *Dilly*® Bars (all flavors), *Buster Bar*® Treat, *Starkiss*® Bars (all flavors) – in a sealed plastic wrapper
- Sundaes: Chocolate, Caramel, Hot Fudge, Marshmallow, and Strawberry

Drinks

- *Arctic Rush*® slush (all flavors)
- *MooLatté*® frozen blended coffee drinks (all flavors)
- Shakes (all flavors)
- Orange Julius® drinks: All Smoothies, All Light Smoothies, All Julius® drinks
- All flavors of fountain soda

Blizzard® Treats

- *Reese's*® Peanut Butter Cup
- *Butterfinger*®
- *Heath*®
- *M&M's*®
- Banana Split
- Hawaiian
- Tropical

Food

- French Fries - may be fried with foods containing gluten
- Grilled Chicken patty - without bun
- Hamburger patty - without bun
- GrillBurger™ patty – without bun
- Hot Dog frank – without bun

***Cross –contact warning:** Please note that the *Blizzard*® mixing machine is used for all flavors and shakes and so cross-contact may occur on any *Blizzard* flavor treat. We suggest you request the crew thoroughly clean the *Blizzard* machine before blending your *Blizzard* treat or shake to reduce the risk of cross-contact. Also, some *Blizzard* cakes have gluten containing ingredients and should not be considered gluten free. Additionally, much of our equipment is shared such as fryers, cone dips, and utensils. As *DQ* stores and restaurants are very busy, there is always a chance of cross contact of gluten in any *DQ* product.

We recommend you speak to a store manager at the *DQ* location about your intolerance or sensitivity before placing your order to discuss your dietary restrictions. For many more items and the most up to date allergy, ingredient and nutrition information, please visit our [nutrition calculator](#). Gluten is present in many of our products and cross contact may occur, therefore we cannot guarantee any item to be free of gluten.