

Nutrition Facts													
	Serv. Size (g)	Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol. (mg)	Sodium (mg)	Carb. (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Allergens
ROYAL TREATS®													
<i>Peanut Buster®</i> Parfait	304	710	280	31	18	1	35	350	95	3	69	16	M/P/S
Banana Split	374	530	120	13	10	0.5	30	160	96	4	75	9	M/S
<i>Oreo®</i> Brownie EarthQuake® Treat	304	740	250	27	15	0.5	65	350	149	2	86	11	E/M/S/W
<i>Peanut Butter Bash™</i>	256	580	240	27	15	0.5	35	300	73	2	55	11	M/P/S (T)
<i>Pecan Mudslide®</i> Treat	275	640	270	30	12	0.5	40	320	83	2	59	12	M/T/S
Strawberry Shortcake	255	480	150	17	13	0	70	370	75	1	62	8	E/M/S/W
WAFFLE TREATS													
Turtle Waffle Bowl Sundae Plain	290	730	260	28	14	0	40	300	109	2	69	11	E/M/S/T/W
Turtle Waffle Bowl Sundae Dipped	304	810	310	34	18	0.5	40	320	116	2	76	12	E/M/S/T/W
Choc. Cov. Strawberry Waffle Bowl S. Plain	304	700	290	33	26	0.5	35	160	94	2	74	9	E/M/S/W
Choc. Cov. Strawberry Waffle Bowl S. Dipped	318	780	350	38	30	0.5	35	180	101	2	81	10	E/M/S/W
Fudge Brownie Temptation Waffle Bowl S. Plain	305	850	380	42	18	0.5	50	400	115	6	82	13	E/M/S/W
Fudge Brownie Temptation Waffle Bowl S. Dip.	319	930	430	47	22	0.5	50	420	122	6	88	13	E/M/S/W
Chocolate Coated Waffle Cone w/ Soft Serve	247	540	190	21	13	0.5	40	170	77	1	57	10	E/M/S/W
Plain Waffle Cone with Soft Serve	226	420	110	13	7	0.5	40	140	67	0	47	10	E/M/S/W
SUNDAES													
Sundae, Banana - Small	163	230	60	7	4.5	0	25	90	37	1	29	6	M
Sundae, Banana - Medium	234	330	90	10	6	0.5	35	130	53	1	42	8	M
Sundae, Banana - Large	333	470	130	14	9	1	45	190	76	1	59	12	M
Sundae, Caramel - Small	163	300	70	7	5	0	25	150	51	0	36	6	M
Sundae, Caramel - Medium	234	430	100	11	7	0.5	40	220	75	0	52	9	M
Sundae, Caramel - Large	333	610	140	15	11	1	55	310	104	0	74	13	M
Sundae, Cherry - Small	163	240	60	7	4.5	0	25	100	39	0	33	6	M
Sundae, Cherry - Medium	234	350	90	10	6	0.5	35	140	57	0	48	8	M
Sundae, Cherry - Large	333	490	120	14	9	1	45	200	80	0	68	11	M
Sundae, Chocolate - Small	163	280	60	7	4.5	0	25	115	48	1	41	6	M
Sundae, Chocolate - Medium	234	400	90	10	7	0.5	35	170	70	1	60	8	M
Sundae, Chocolate - Large	333	570	130	14	9	1	45	240	98	1	84	12	M
Sundae, Hot Fudge - Small	163	300	90	10	8	0	25	135	46	0	36	6	M/S
Sundae, Hot Fudge - Medium	234	440	130	15	11	0.5	35	200	67	1	52	9	M/S
Sundae, Hot Fudge - Large	333	610	190	21	16	1	50	280	94	1	74	13	M/S
Sundae, Marshmallow - Small	163	290	60	7	4.5	0	25	95	50	0	42	6	M
Sundae, Marshmallow - Medium	234	410	90	10	6	0.5	35	135	74	0	61	8	M
Sundae, Marshmallow - Large	333	580	120	14	9	1	45	190	103	0	85	11	M
Sundae, Peanut Butter - Small	163	390	200	22	7	0	25	260	39	1	28	9	M/P/S (T)
Sundae, Peanut Butter - Medium	234	570	290	32	10	0.5	35	390	56	2	40	13	M/P/S (T)
Sundae, Peanut Butter - Large	333	790	400	44	14	1	45	540	80	3	58	18	M/P/S (T)
Sundae, Pineapple - Small	163	240	60	7	4.5	0	25	100	38	0	32	6	M
Sundae, Pineapple - Medium	234	340	90	10	6	0.5	35	140	54	0	46	8	M
Sundae, Pineapple - Large	333	480	130	14	9	1	45	200	77	1	66	11	M
Sundae, Strawberry - Small	192	280	60	7	4.5	0	25	115	49	1	43	6	M
Sundae, Strawberry - Medium	248	360	90	10	6	0.5	35	150	61	1	54	8	M
Sundae, Strawberry - Large	333	490	120	14	9	1	45	210	81	1	70	12	M
CONES													
Vanilla Cone - Kids'	100	170	45	5	3	0	15	70	27	0	18	4	M/S/W
Vanilla Cone - Small	142	230	60	7	4.5	0	25	100	36	0	26	6	M/S/W
Vanilla Cone - Medium	199	330	90	10	6	0.5	30	140	53	0	36	9	M/S/W
Vanilla Cone - Large	284	470	130	14	9	1	45	200	74	0	52	12	M/S/W
Chocolate Cone - Kids'	100	170	40	4.5	3	0	15	70	27	0	18	4	M/S/W
Chocolate Cone - Small	142	240	60	7	4.5	0	20	95	37	0	26	6	M/S/W
Chocolate Cone - Medium	199	330	90	10	6	0.5	30	135	53	0	36	8	M/S/W
Chocolate Cone - Large	284	470	120	14	9	1	45	190	75	0	52	12	M/S/W
Dipped Cone, Chocolate - Kids'	107	220	80	9	7	0	15	75	30	0	20	4	M/S/W
Dipped Cone, Chocolate - Small	156	330	140	15	12	0	25	110	42	0	31	6	M/S/W
Dipped Cone, Chocolate - Medium	220	470	200	22	18	0.5	30	150	61	1	43	9	M/S/W
Dipped Cone, Chocolate - Large	312	660	270	30	24	1	45	220	85	1	61	13	M/S/W
NOVELTIES													
Chocolate Dilly® Bar	522	220	120	13	9	0	15	70	24	1	19	4	M/S
No Sugar Added Dilly Bar	528	190	120	13	10	0	15	60	24	5	5	3	M/S
Chocolate Mint Dilly Bar	522	220	120	13	9	0	15	70	24	0	19	4	M/S
Butterscotch Dilly Bar	522	200	100	11	9	0	15	100	23	0	19	3	M/S
Cherry Dilly Bar	88	210	110	12	8	0	15	80	24	0	20	3	M/S
Heath® Dilly Bar	87	220	120	13	10	0	15	95	25	0	21	3	M/S/T
Buster Bar® Treat	148	460	250	28	16	0	15	220	44	2	36	11	M/P/S
DQ Sandwich	85	190	50	5	3	0	10	135	31	1	18	4	M/S/W
Cherry StarKiss® Bar	510	80	0	0	0	0	0	10	21	0	16	0	(M)
Stars & Stripes StarKiss Bar	510	80	0	0	0	0	0	10	21	0	16	0	(M)
Fudge Bar	396	50	0	0	0	0	0	70	13	6	4	4	M
Vanilla Orange Bar	396	60	0	0	0	0	0	45	18	6	4	2	M
DQ Home-Pak	748	1140	340	38	25	2	130	510	171	0	142	30	M
DQ® CAKES													
DQ Cake, 10", 1/12 slice*	213	410	140	15	11	0.5	30	200	60	1	47	8	M/S/W
DQ Cake, 8", 1/8 slice*	209	400	140	15	11	0.5	30	190	59	1	46	8	M/S/W
DQ Heart Cake, 1/10 slice*	123	250	90	10	7	0	15	125	37	1	29	5	M/S/W
DQ Log Cake, 1/8 slice*	142	340	120	13	10	0	20	170	50	1	38	6	M/S/W
DQ Sheet Cake, 1/24 slice*	156	320	110	12	9	0	20	160	47	1	36	6	M/S/W
<i>Oreo®</i> Blizzard® Cake, 10", 1/12 slice	240	540	200	23	15	0	30	320	76	1	58	9	M/S/W
<i>Oreo</i> Blizzard Cake, 8", 1/8 slice	235	550	220	24	17	0	30	310	75	1	58	9	M/S/W
<i>Reese's®</i> PB Cups® Blizz. Cake 10", 1/12 slice	246	580	240	27	19	0.5	30	280	77	2	63	11	M/P/S/W
<i>Reese's</i> PB Cups Blizz. Cake 8", 1/8 slice	237	570	240	27	19	0	30	270	75	2	62	10	M/P/S/W
Chocolate Xtreme Blizz. Cake, 10", 1/12 slice	248	590	240	27	19	0.5	35	280	80	2	62	10	E/M/S/W
Chocolate Xtreme Blizz. Cake, 8", 1/8 slice	242	580	240	27	19	0.5	35	270	79	2	61	9	E/M/S/W

*Nutrition is for undecorated cakes.

Statement Concerning Suggested Daily Caloric Intake:

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 mg for a typical adult eating 2,000 calories daily. Recommended limits maybe higher or lower depending upon daily calorie consumption.

Important Statement:

Nutrition information is based on analysis by R-TECH and Commercial Testing Laboratory, Inc., and representative values from manufacturers, Genesis R&D® SQL and the USDA. Allergen information is provided by the ingredient or product manufacturer. The information in this information assumes compliance by locations with ingredient requirements and standardized preparation procedures. Seasonal and manufacturer variations may also affect information.

This brochure is for permanent menu items in DQ® approved system food restaurants (DQ Grill & Chill®, Brazier®, and Limited Brazier locations). It does not apply to: (1) limited time offers or test items; (2) non-system food locations that sell food products not approved by

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ARCTIC RUSH® Frozen Beverages and Freezes													
<i>Arctic Rush</i> , All Flavors - Small	387	220	0	0	0	0	0	30	54	0	54	0	
<i>Arctic Rush</i> , All Flavors - Medium	496	280	0	0	0	0	0	40	69	0	69	0	
<i>Arctic Rush</i> , All Flavors - Large	659	370	0	0	0	0	0	55	92	0	92	0	
<i>Arctic Rush</i> Freeze, All Flavors - Small	337	370	90	10	6	0.5	35	140	64	0	56	8	M
<i>Arctic Rush</i> Freeze, All Flavors - Medium	414	460	110	12	8	0.5	40	180	79	0	69	10	M
<i>Arctic Rush</i> Freeze, All Flavors - Large	560	600	140	15	10	1	50	230	104	0	93	12	M
<i>Arctic Rush</i> Float, All Flavors - Small	375	320	50	6	4	0	20	100	62	0	58	5	M
<i>Arctic Rush</i> Float, All Flavors - Large	472	400	70	7	4.5	0	25	125	78	0	73	6	M
<i>Arctic Rush</i> Float, All Flavors - Large	623	530	80	9	6	0.5	30	160	103	0	96	7	M
LEMONADE CHILLERS													
Lemonade Chiller, Small	354	260	0	0	0	0	0	30	66	0	65	0	
Lemonade Chiller, Medium	489	390	0	0	0	0	0	40	102	0	99	0	
Lemonade Chiller, Large	673	620	0	0	0	0	0	50	161	0	155	0	
Strawberry Lemonade Chiller, Small	393	310	0	0	0	0	0	45	78	0	77	0	
Strawberry Lemonade Chiller, Medium	528	440	0										

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BURGERS (Weights are based on precooked measurements)													
1/4 lb. Bacon Cheese GrillBurger®	243	620	320	36	14	1	100	1320	41	1	9	34	E/M/S/W*
1/2 lb. FlameThrower® GrillBurger	321	1010	640	71	26	2	165	1670	39	2	7	54	E/M/S/W*
1/4 lb. Mushroom Swiss GrillBurger	193	560	300	33	12	1	80	900	39	2	5	26	E/M/S/W*
1/2 lb. GrillBurger with Cheese	313	770	410	46	20	1.5	140	1410	43	2	10	45	E/M/S/W*
1/4 lb. GrillBurger with Cheese	227	520	250	28	11	1	75	1100	43	2	10	25	E/M/S/W*
Original Cheeseburger	156	380	170	19	8	1	90	930	34	1	8	21	M/S/W*
Original Double Cheeseburger	226	580	310	34	16	1.5	150	1240	35	1	9	37	M/S/W*

BASKETS (Basket nutrition does not include a drink)													
Chicken Strip Basket® - 4pc w/ Country Gravy	447	1100	480	54	9	0.5	80	2740	116	18	7	40	M/S/W*
Chicken Strip Basket® - 6pc w/ Country Gravy	503	1250	590	65	10	0.5	120	3210	115	23	4	52	M/S/W*
Chicken Quesadilla Basket	470	1050	480	53	23	1	110	2700	102	8	8	41	E/M/S/W*
Veggie Quesadilla Basket	413	980	470	52	22	1	85	2250	101	8	8	28	E/M/S/W*
Popcorn Shrimp Basket	425	950	390	44	9	0	105	3510	118	8	3	18	E/M/S/SF/W*

IRON GRILLED SANDWICHES													
Iron Grilled Turkey Sandwich	233	550	210	23	7	0	85	1510	43	2	2	34	E/M/S/W
Iron Grilled Classic Club Sandwich	234	560	230	26	8	0	90	1790	42	2	3	32	E/M/S/W
Iron Grilled Supreme BLT Sandwich	172	630	320	36	10	0	15	1630	41	2	3	27	E/S/W
Iron Grilled Cheese Sandwich	123	360	120	13	8	0	40	1040	40	2	2	15	M/S/W

CHICKEN, SALADS AND WRAPS													
Crispy Chicken Sandwich	198	610	270	30	3.5	0	70	1120	50	3	5	22	E/S/W (M)*
Grilled Chicken Sandwich	194	360	150	16	2.5	0	80	1040	32	1	6	26	M/S/W (M)*
Crispy FlameThrower Chicken Sandwich	277	970	530	58	12	0	65	2130	61	4	7	34	E/S/W (M)*
Crispy Chicken Salad	424	470	240	26	9	0	85	1180	29	7	8	30	M/S/W
Grilled Chicken Salad	424	330	140	15	8	0	80	1070	13	4	8	36	M/S
Side Salad 🍅	113	25	0	0	0	0	0	15	5	2	3	1	
Crispy Chicken Wrap	115	360	190	21	5	0	35	750	30	6	1	13	E/M/S/W
Grilled Chicken Wrap	115	290	140	15	4	0	30	760	23	2	1	16	E/M/S/W
Crispy FlameThrower Chicken Wrap	115	370	200	22	5	0	35	710	30	6	1	13	E/M/S/W
3 Chicken Strips	128	350	180	20	3	0	60	960	22	10	0	22	S/W

HOT DOGS													
Chili Cheese Dog	141	390	230	25	11	1	55	920	25	2	4	16	M/S/W (E/T)*
Chili Dog	127	340	190	21	9	1	40	890	25	1	4	13	S/W (E/T)*
Foot-Long Chili Cheese Dog	284	860	510	56	26	2.5	125	1850	53	3	8	36	M/S/W (E/T)*
Foot-Long Hot Dog	157	490	320	36	15	2	70	1300	24	1	5	17	S/W (E/T)*
Hot Dog	99	300	170	18	8	1	35	750	23	1	4	10	S/W (E/T)*

KIDS' MEAL FOOD ITEMS													
Hot Dog	99	300	170	18	8	1	35	750	23	1	4	10	S/W (E/T)*
Cheeseburger	156	380	170	19	8	1	90	930	34	1	8	21	M/S/W*
2 Chicken Strips	85	230	120	13	2	0	40	640	14	6	0	15	S/W
Side Salad 🍅	113	25	0	0	0	0	0	15	5	2	3	1	
Iron Grilled Cheese Sandwich	123	360	120	13	8	0	40	1040	40	2	2	15	M/S/W
Turkey Wrap 🍅	126	260	110	12	2.5	0	25	720	25	3	2	12	E/M/W
Kids' Fries	99	260	100	12	2	0	0	550	37	3	0	3	
Applesauce	113	80	0	0	0	0	0	0	20	1	17	0	
Banana 🍌	126	110	0	0	0	0	0	0	29	3	15	1	
Kids' Strawberry Banana Smoothie 🍌	484	190	5	0	0	0	0	15	47	1	37	1	

SIDE ITEMS													
French Fries - Regular	142	380	150	17	2.5	0	0	790	54	4	0	4	
French Fries - Large	184	490	190	21	3.5	0	0	1030	69	5	0	6	
Chili Cheese Fries	425	1020	460	51	15	0.5	55	2230	117	10	4	25	M/S
Onion Rings	113	360	140	16	2.5	0	0	840	48	2	3	6	E/M/S/W

LOCAL FOOD ITEMS													
Corn Dog	76	240	120	13	3	0	25	390	25	2	7	6	E/M/S/W
BBO Beef Sandwich	142	320	80	9	2.5	0	75	1010	42	1	13	20	F/M/S/W (E/T)*
BBO Pork Sandwich	142	300	80	9	2	0	65	1050	43	2	16	15	F/M/S/W (E/T)*
Breaded Mushrooms	85	190	70	8	1	0	0	390	25	2	1	4	W
Chili - Cup	245	220	60	7	3	0.5	0	890	25	5	5	13	S
Chili - Bowl	368	330	90	11	4.5	1	0	1340	38	8	8	20	S
Deluxe Cheeseburger	177	430	230	25	9	1	95	760	33	1	7	21	M/S/W (E/T)*
Deluxe Double Cheeseburger	192	490	340	38	17	1.5	125	800	4	0	2	33	M/S/W (E/T)*
Deluxe Double Hamburger	220	540	300	33	11	1.5	130	580	32	1	6	33	M/S/W (E/T)*
Deluxe Hamburger	163	380	190	21	6	1	80	520	32	1	6	19	M/S/W (E/T)*
DQ Ultimate® Burger	260	730	430	48	19	1.5	175	1360	33	1	7	45	E/M/S/W (T)*
Crispy Fish Sandwich	163	370	130	14	2	0	45	1060	49	2	6	15	E/F/M/S/W(SF/T)*
Cheese Curds	142	610	400	44	22	1.5	110	1240	27	2	2	26	E/M/W

SALAD DRESSINGS AND CONDIMENTS													
Country Gravy	57	90	50	6	2	0	0	480	8	0	1	0.5	M/S/W
BBO Dipping Sauce	56	80	0	0	0	0	0	430	0.5	1	15	1	
Honey Mustard Dipping Sauce	56	250	190	21	3	0	20	380	16	0	9	1	E
Ranch Dipping Sauce	56	230	210	23	3.5	0	25	490	5	0	3	0.5	E/M
Sweet and Sour Dipping Sauce	56	90	0	0	0	0	0	240	24	0	22	0	
Wild Buffalo Dipping Sauce	57	170	160	18	3.5	0	0	1390	1	1	0.5	0	S
Kraft® Fat-Free Italian Dressing	43	25	0	0	0	0	0	540	5	0	3	0	
Kraft® Fat-Free Ranch Dressing	43	60	0	0	0	0	0	410	14	0	3	0	M
Kraft® Fat-Free French Style Dressing	43	60	0	0	0	0	0	360	14	0	6	0	
Kraft® Fat-Free Thousand Island Dressing	43	50	0	0	0	0	2	350	12	0	6	0	E

BREAKFAST													
Biscuits & Gravy	365	720	410	46	16	1.5	15	2240	64	2	4	12	M/S/W
Sausage Biscuit Sandwich	154	410	240	27	9	0	195	990	25	1	1	16	E/M/S/W
Bacon Biscuit Sandwich	144	410	240	27	9	0	195	1080	26	1	1	16	E/M/S/W
Ham Biscuit Sandwich	154	350	190	21	8	0	185	1160	26	1	2	14	E/M/S/W
Chicken Biscuit Sandwich	147	430	200	22	6	0	40	1190	39	7	1	18	M/S/W
Sausage Biscuit Twin Pack	195	680	400	46	16	0.5	45	1650	48	2	2	19	M/S/W
Ultimate Breakfast Burrito - Ham	265	560	240	27	9	1.5	195	1290	58	6	2	23	E/M/S/W
Ultimate Breakfast Burrito - Sausage	265	620	300	33	11	1.5	205	1120	57	6	2	24	E/M/S/W
Ultimate Breakfast Burrito - Bacon	255	620	290	33	11	1.5	205	1210	57	6	2	25	E/M/S/W
Country Platter	315	780	410	46	16	2	340	1710	69	4	3	21	E/M/S/W
Ultimate Hashbrown Platter	355	670	390	43	14	2.5	370	1050	45	5	2	24	E/M
Buttermilk Pancake Platter	131	260	45	5	1.5	0	45	530	46	3	8	7	E/M/S/W
Hashbrowns	71	190	110	12	2.5	1	0	210	18	2	0	2	
Cinnamon Roll	113	430	200	22	10	0	20	520	53	3	25	5	E/S/M/W (P/T)
Ham	28	30	10	1	0	0	10	380	1	0	0	5	
Sausage	28	90	60	7	2.5	0	20	210	0	0	0	6	
Bacon, 2 slices	12	50	40	4.5	1.5	0	15	190	0	0	0	4	

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BLIZZARD® TREATS													
Banana Cream Pie Blizzard® - Mini	213	380	130	15	10	0	35	200	56	1	43	8	E/M/S/W
Banana Cream Pie Blizzard® - Small	301	550	190	21	14	0.5	50	310	81	1	60	11	E/M/S/W
Banana Cream Pie Blizzard® - Medium	365	690	230	25	16	1	60	410	103	1	74	13	E/M/S/W
Banana Cream Pie Blizzard® - Large	517	980	300	33	21	1	80	650	152	2	110	19	E/M/S/W
Banana Split Blizzard® - Mini	193	290	70	8	5	0	25	115	49	1	41	6	M
Banana Split Blizzard® - Small	306	460	120										