


		Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Percent Daily Value Vitamin A	Percent Daily Value Vitamin C	Percent Daily Value Calcium	Percent Daily Value Iron
Burgers	1/4 lb. Bacon Cheese GrillBurger™	243	630	320	35	13	0.5	100	1280	44	2	13	36	20	6	25	30
	1/2 lb. Flame Thrower™ GrillBurger	323	1010	640	71	25	1.5	190	1540	42	2	9	56	25	15	35	45
	1/4 lb. Mushroom Swiss GrillBurger	196	590	310	35	12	1	85	700	39	2	8	30	2	0	30	25
	1/2 lb. GrillBurger with Cheese	323	820	440	49	20	1.5	160	1190	44	3	13	52	25	6	40	45
	1/4 lb. GrillBurger with Cheese Original Cheeseburger	217	530	230	26	12	0.5	85	910	42	2	12	31	20	6	30	25
Baskets	Original Double Cheeseburger	156	400	160	18	9	0.5	65	920	34	1	9	19	10	0	10	15
	Original Double Cheeseburger	226	640	310	34	18	1	125	1230	34	1	9	34	15	0	20	25
	Chicken Strip Basket™ - 4 piece w/ Country Gravy	432	1160	430	47	7	0.5	70	2960	120	9	7	40	4	4	15	40
	Chicken Strip Basket - 6 piece w/ Country Gravy	519	1370	510	57	8	0.5	105	3650	123	10	7	52	4	4	15	40
	Chicken Quesadilla Basket	517	1200	540	60	27	0.5	125	2740	115	9	6	47	30	25	140	35
Iron Grilled Sandwiches	Veggie Quesadilla Basket	435	1030	450	50	21	0.5	65	2270	114	9	6	28	25	20	120	35
	Popcorn Shrimp Basket	426	1000	440	49	22	0	125	3650	116	8	3	19	0	0	8	30
	Iron Grilled Turkey Sandwich	233	520	220	25	7	0	65	1550	42	2	2	29	15	6	35	15
	Iron Grilled Classic Club Sandwich	239	580	260	29	9	0	75	1750	42	2	3	32	15	6	30	20
	Iron Grilled Supreme BLT Sandwich	172	590	300	34	9	0	70	1380	40	2	2	28	10	6	10	20
Sandwiches, Salads and Wraps	Iron Grilled Cheese Sandwich	99	290	120	13	8	0	40	1020	30	1	2	13	10	0	30	10
	Crispy Chicken Sandwich	198	560	250	27	3.5	0	35	1010	47	3	5	20	15	6	6	15
	Grilled Chicken Sandwich	180	370	150	16	2.5	0	55	810	32	1	5	24	15	6	6	15
	Crispy Flame Thrower Chicken Sandwich	260	860	490	55	11	0	75	1850	51	3	6	30	20	15	15	20
	Crispy Chicken Salad	424	460	170	19	6	0	70	1230	31	6	8	29	130	80	70	20
Hot Dogs	Grilled Chicken Salad	424	280	100	11	5	0	75	890	14	4	8	31	130	80	70	20
	Side Salad	113	25	0	0	0	0	0	20	5	2	3	1	70	35	15	4
	Crispy Chicken Wrap	85	290	150	17	3.5	0	30	620	17	2	1	11	10	2	10	8
	Grilled Chicken Wrap	85	200	110	13	3.5	0	35	450	9	1	1	12	10	4	10	6
	Crispy Flame Thrower Chicken Wrap	85	300	170	18	4	0	35	620	17	2	1	11	15	2	8	8
Kids' Meals	All-Beef Chili Cheese Dog	138	380	220	24	11	0.5	55	980	23	1	3	16	8	0	15	15
	All-Beef Chili Dog	138	330	180	20	8	0.5	40	1050	24	1	5	13	8	0	6	15
	All Beef Foot Long Chili Cheese Dog	233	670	390	43	19	1	95	1720	41	2	6	28	10	0	25	25
	All Beef Foot Long Hot Dog	199	560	310	35	14	1	65	1600	39	2	6	20	4	0	10	20
	All-Beef Hot Dog	110	290	160	17	7	0.5	35	900	22	1	4	11	4	0	6	10
Side Items	All-Beef Hot Dog Kids' Meal with Fries	177	470	230	25	8	0.5	35	1270	48	3	4	12	4	0	6	15
	All-Beef Hot Dog Kids' Meal with Applesauce	224	380	160	18	7	0.5	35	930	45	2	21	11	4	4	6	15
	All-Beef Hot Dog Kids' Meal with Banana	236	400	160	18	7	0.5	35	900	51	3	20	12	6	20	6	15
	Cheeseburger Kids' Meal with Fries	224	580	230	26	10	0.5	65	1310	60	3	21	10	0	0	10	20
	Cheeseburger Kids' Meal with Applesauce	269	490	170	18	9	0.5	65	930	56	2	9	20	10	4	10	20
Local Food Items	Cheeseburger Kids' Meal with Banana	282	510	170	19	9	0.5	65	900	63	4	24	21	10	20	10	20
	Chicken Strip Kids' Meal with Fries	155	470	170	18	2.5	0	35	1170	44	4	0	18	0	2	2	15
	Chicken Strip Kids' Meal with Applesauce	199	360	90	11	1	0	35	810	40	3	17	16	2	4	2	10
	Chicken Strip Kids' Meal with Banana	207	380	90	10	1	0	35	750	45	5	15	16	2	20	2	8
	Grilled Cheese Kids' Meal with Fries	174	510	190	21	9	0	40	1410	57	3	2	15	10	0	30	15
Salad Dressings and Condiments	Grilled Cheese Kids' Meal with Applesauce	216	400	120	13	8	0	40	1050	53	3	2	13	15	4	30	15
	Grilled Cheese Kids' Meal with Banana	229	430	120	13	8	0	40	1020	59	5	18	14	15	20	30	15
	French Fries - Kids'	71	190	70	8	1	0	0	400	27	2	0	2	0	0	2	6
	French Fries - Regular	114	310	120	13	2	0	0	640	43	3	0	4	0	0	2	10
	French Fries - Large	186	500	190	21	3.5	0	0	1040	70	5	0	6	0	0	2	15
Blizzard® Treats	Chili Cheese Fries	424	1020	460	51	15	0	60	2360	117	9	4	25	25	0	25	30
	Onion Rings	113	360	140	16	2	0	0	840	47	2	3	6	0	4	2	6
	Corn Dog	175	460	170	19	5	0	80	970	56	1	55	17	4	0	10	35
	Barbecue Beef Sandwich	142	270	40	6	1.5	0	30	970	41	1	16	16	6	4	6	20
	Barbecue Pork Sandwich	142	310	80	9	2.5	0	50	830	41	2	9	17	10	4	4	15
Blizzard® Treats	Breaded Mushrooms	114	250	80	9	1	0	0	500	36	2	1	7	0	2	2	4
	Chili - Bowl	336	710	210	24	10	0	85	3900	81	3	3	44	80	50	20	50
	Chili - Cup	224	470	140	16	7	0	55	2600	54	2	2	29	60	35	15	35
	Deluxe Cheeseburger	177	400	160	18	9	0.5	65	930	35	1	9	20	20	10	15	25
	Deluxe Double Cheeseburger	247	640	310	34	18	1	125	1240	35	1	10	34	25	6	20	25
Blizzard® Treats	Deluxe Double Hamburger	219	540	240	26	13	1	100	750	34	1	9	29	15	6	4	4
	Deluxe Hamburger	163	350	130	14	7	0.5	50	680	34	1	9	17	15	6	4	25
	DQ Ultimate® Burger	259	780	430	48	22	1.5	155	1390	33	1	8	41	20	20	45	45
	Crispy Fish Sandwich	184	430	170	18	2.5	0	30	1160	51	2	0	16	30	6	6	15
	White Cheese Curds	140	550	410	45	25	0	150	900	0	0	0	35	30	10	0	0
Blizzard® Treats	Country Gravy	113	90	50	6	0	0	430	8	0	0	1	2	0	0	0	0
	BBQ Dipping Sauce	56	80	0	0	0	0	0	0	1	1	15	1	2	2	2	2
	Bleu Cheese Dipping Sauce	56	210	190	21	4	0	5	690	5	0	1	2	2	2	2	2
	Honey Mustard Dipping Sauce	56	250	190	21	3	0	20	380	16	0	1	2	2	2	2	2
	Ranch Dipping Sauce	56	310	290	32	5	0.5	25	360	3	0	1	1	0	0	2	2
Blizzard® Treats	Sweet and Sour Dipping Sauce	56	90	0	0	0	0	0	240	24	0	22	0	0	4	0	0
	Wild Buffalo Dipping Sauce	37	110	110	12	2	0	0	900	1	0	0	0	2	0	0	0
	Fat-Free Italian Dressing	42	15	0	0	0	0	0	360	4	0	2	0	0	0	0	0
	Fat-Free Ranch Dressing	42	35	0	0	0	0	0	430	5	0	4	1	0	0	2	0
	Fat-Free Red French Dressing	42	40	0	0	0	0	0	320	10	0	7	0	2	0	0	2
Blizzard® Treats	Fat-Free Thousand Island Dressing	42	60	0	0	0	0	0	390	16	0	10	0	2	0	0	0
	Banana Cream Pie Blizzard - Mini	209	370	120	13	8	0	30	220	57	1	44	8	15	2	25	10
	Banana Cream Pie Blizzard - Small	307	570	190	21	14	0.5	50	330	85	1	64	11	20	2	35	15
	Banana Cream Pie Blizzard - Medium	385	770	250	28	17	1	65	520	117	1	83	14	30	4	40	20
	Banana Cream Pie Blizzard - Large	542	1090	350	38	23	1	90	760	168	2	117	20	40	6	60	30
Blizzard® Treats	Banana Split Blizzard - Mini	202	290	70	8	5	0	25	115	49	1	41	6	10	10	20	8
	Banana Split Blizzard - Small	297	440	120	14	9	0.5	45	190	71	1	58	11	20	8	35	15
	Banana Split Blizzard - Medium	382	570	150	17	11	1	55	230	93	1	77	13	25	15	45	15
	Banana Split Blizzard - Large	527	780	210	23	15	1	75	320	129	2	107	18	30	20	60	25
	Butterfinger® Blizzard - Mini	195	340	110	12	7	0.5	30	160	52	0	41	8	15	0	25	10
Blizzard® Treats	Butterfinger Blizzard - Small	262	470	150	16	10	0.5	40	220	71	0	56	11	15	0	30	10

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Blizzard® Treats (cont.)	Mint Oreo® Blizzard - Mini	205	400	120	14	7	0	30	280	62	1	48	8	10	0	25	10	
	Mint Oreo Blizzard - Small	294	560	160	18	10	0.5	40	360	87	1	69	11	20	0	35	15	
	Mint Oreo Blizzard - Medium	362	740	230	25	12	1	50	530	116	1	89	14	20	0	40	20	
	Mint Oreo Blizzard - Large	543	1070	320	36	18	1	75	730	168	2	131	21	30	0	60	30	
	Oreo® Cookies Blizzard - Mini	189	350	110	13	7	0	0	30	240	52	0	40	8	10	0	25	10
	Oreo Cookies Blizzard - Small	283	550	180	20	10	0.5	40	410	81	1	61	12	20	0	35	15	
	Oreo Cookies Blizzard - Medium	334	680	220	25	12	1	50	530	100	1	74	14	20	0	40	20	
	Oreo Cookies Blizzard - Large	500	980	320	36	18	1	75	730	145	2	109	21	30	0	60	30	
	Reese's® Peanut Butter Cups® Blizzard - Mini	195	370	130	14	8	0.5	30	180	50	1	42	9	15	0	25	10	
	Reese's Peanut Butter Cups Blizzard - Small	287	530	190	21	11	0.5	45	260	74	1	62	13	20	0	40	15	
	Reese's Peanut Butter Cups Blizzard - Medium	371	760	280	31	16	1	60	380	101	2	85	18	25	0	50	20	
	Reese's Peanut Butter Cups Blizzard - Large	507	1060	400	45	22	1	80	530	140	3	117	25	30	0	70	25	
	Snickers® Blizzard - Mini	197	370	120	13	7	0.5	30	170	55	1	47	8	15	0	25	10	
	Snickers Blizzard - Small	326	670	230	26	13	1	50	310	99	1	83	15	20	0	40	15	
	Snickers Blizzard - Medium	397	850	300	33	17	1	60	400	123	2	103	18	25	0	50	20	
	Snickers Blizzard - Large	535	1140	400	44	22	1.5	85	530	168	3	141	24	35	0	70	25	
	Strawberry CheeseQuake® Blizzard - Mini	202	330	100	12	8	0	40	160	48	0	39	8	15	15	25	10	
	Strawberry CheeseQuake Blizzard - Small	280	510	180	21	13	0.5	75	280	69	0	54	12	20	15	30	15	
	Strawberry CheeseQuake Blizzard - Medium	371	690	250	28	18	0.5	105	380	92	0	72	15	25	25	40	15	
	Strawberry CheeseQuake Blizzard - Large	504	930	340	37	24	1	140	510	124	0	97	21	30	35	50	25	
	Turtle Pecan Cluster Blizzard - Mini ***	198	400	170	19	10	0	30	170	52	1	40	8	15	0	25	10	
	Turtle Pecan Cluster Blizzard - Small ***	326	700	300	33	18	1	50	310	89	2	67	13	20	0	40	15	
	Turtle Pecan Cluster Blizzard - Medium ***	425	1030	490	55	29	1	60	440	120	3	88	17	25	0	50	20	
	Turtle Pecan Cluster Blizzard - Large ***	588	1460	730	81	42	1.5	85	610	165	5	122	24	35	0	70	30	
	More Treats	Peanut Buster® Parfait	304	710	280	31	18	0.5	35	350	96	3	71	17	15	0	30	10
Banana Split		374	520	130	14	10	0.5	30	150	94	4	73	9	15	30	25	10	
Oreo® Brownie EarthQuake® Treat		304	740	250	27	15	0.5	65	350	149	2	85	11	15	0	25	15	
Peanut Butter Bar™		256	580	240	27	15	0.5	35	300	73	2	55	11	15	0	30	10	
Pecan Mudslide® Treat		275	640	270	30	12	0.5	35	310	83	2	58	11	15	0	30	15	
Strawberry Shortcake		255	480	150	17	13	0	70	370	75	1	62	8	10	40	25	15	
Arctic Rush® Float, All Flavors - Small		375	330	50	6	4	0	20	95	65	0	61	5	10	0	15	6	
Arctic Rush Float, All Flavors - Medium		472	420	60	7	4.5	0	25	115	82	0	76	6	15	0	20	8	
Arctic Rush Float, All Flavors - Large		623	550	80	10	6	0.5	30	150	108	0	101	7	15	0	25	10	
Arctic Rush Freeze, All Flavors - Small		337	380	90	9	6	0.5	35	140	65	0	58	6	15	0	25	10	
Arctic Rush Freeze, All Flavors - Medium		414	470	110	12	8	0.5	40	170	80	0	71	10	20	0	35	15	
Arctic Rush Freeze, All Flavors - Large		560	610	140	15	10	1	50	220	107	0	95	12	25	0	40	15	
Limeade - Small		388	200	0	0	0	0	0	0	0	41	1	38	0	0	20	0	
Limeade - Medium		597	300	0	0	0	0	0	0	64	3	53	0	0	50	0	0	
Limeade - Large		866	440	0	0	0	0	0	0	93	3	82	0	0	50	0	0	
Waffle Treats		Turtle Waffle Bowl Sundae	304	810	320	35	18	0.5	35	300	115	2	74	11	10	0	25	15
		Chocolate Covered Strawberry Waffle Bowl Sundae	318	760	350	38	30	0.5	30	170	96	2	74	10	10	40	25	15
		Fudge Brownie Temptation Waffle Bowl Sundae	319	940	430	48	23	0.5	45	440	122	6	89	13	15	0	25	20
		Chocolate Coated Waffle Cone with Soft Serve	247	540	190	21	13	0.5	35	170	77	1	57	10	15	0	30	15
		Plain Waffle Cone with Soft Serve	226	420	110	13	7	0.5	35	135	67	0	47	10	15	0	30	15
		Vanilla Cone - Kids'	99	170	45	4.5	3	0	15	70	27	0	18	4	6	0	15	6
DQ® Cones		Vanilla Cone - Small	142	230	60	7	4.5	0	25	100	36	0	26	6	10	0	20	8
		Vanilla Cone - Medium	199	330	90	10	6	0.5	30	140	53	0	36	9	15	0	25	10
		Vanilla Cone - Large	284	470	130	14	9	0.5	45	200	74	0	52	12	20	0	40	15
		Chocolate Cone - Kids'	99	180	45	5	3.5	0	15	80	28	0	17	5	10	0	10	6
	Chocolate Cone - Small	142	240	70	7	5	0	20	115	37	0	25	6	15	0	15	8	
	Chocolate Cone - Medium	199	340	90	10	7	0	30	160	54	0	34	9	20	0	20	10	
	Chocolate Cone - Large	284	490	130	15	10	0	45	230	75	0	49	13	30	0	30	15	
	Dipped Cone, Chocolate - Kids' ***	107	220	80	9	7	0	15	75	30	0	20	4	6	0	15	6	
	Dipped Cone, Chocolate - Small ***	156	330	140	15	12	0	25	110	42	0	31	6	10	0	20	8	
	Dipped Cone, Chocolate - Medium ***	220	470	200	22	18	0.5	30	150	61	1	43	9	15	0	25	10	
	Dipped Cone, Chocolate - Large ***	312	660	270	30	24	1	45	220	85	1	61	13	20	0	40	15	
	Sundae, Banana - Small	163	230	60	7	4.5	0	25	90	37	1	29	6	10	4	20	8	
	Sundae, Banana - Medium	234	330	90	10	6	0.5	30	130	53	1	42	8	15	6	25	10	
	Sundae, Banana - Large	333	470	130	14	9	0.5	45	190	76	1	49	12	20	8	40	15	
	Sundae, Caramel - Small	163	300	70	8	5	0	25	140	50	0	35	6	10	0	20	8	
Sundae, Caramel - Medium	234	430	100	11	7	0.5	35	210	74	0	51	9	15	0	25	10		
Sundae, Caramel - Large	333	610	150	16	11	1	55	290	103	0	72	12	20	0	40	15		
Sundae, Cherry - Small	163	240	60	7	4.5	0	25	100	39	0	33	6	10	0	20	8		
Sundae, Cherry - Medium	234	350	90	10	6	0.5	30	140	57	0	38	8	15	0	25	10		
Sundae, Cherry - Large	333	490	130	14	9	0.5	45	200	80	0	68	11	20	2	40	15		
Sundae, Chocolate - Small	163	280	80	8	4.5	0	25	115	48	1	41	6	10	0	20	8		
Sundae, Chocolate - Medium	234	400	110	12	7	0.5	30	170	70	1	60	8	15	0	25	10		
Sundae, Chocolate - Large	333	570	160	17	10	1	45	240	98	1	84	12	20	0	40	15		
Sundae, Hot Fudge - Small	163	300	90	10	8	0	25	135	46	0	36	6	10	0	20	8		
Sundae, Hot Fudge - Medium	234	440	130	15	11	0.5	35	200	67	1	52	9	15	0	30	10		
Sundae, Hot Fudge - Large	333	610	190	21	16	1	50	280	94	1	74	13	20	0	40	15		
Sundae, Marshmallow - Small	163	290	60	7	4.5	0	25	100	50	0	51	5	10	0	20	8		
Sundae, Marshmallow - Medium	234	410	90	10	6	0.5	30	150	74	0	61	8	15	0	25	10		
Sundae, Marshmallow - Large	333	580	120	14	9	0.5	45	220	103	0	85	11	20	0	40	15		
Sundae, Peanut Butter - Small	163	390	200	22	7	0	25	260	39	1	25	9	10	0	20	8		
Sundae, Peanut Butter - Medium	234	570	290	32	10	0.5	35	390	56	2	40	13	15	0	25	10		
Sundae, Peanut Butter - Large	333	790	400	44	14	1	45	540	80	3	58	18	20	0	40	15		
Sundae, Pineapple - Small	163	230	60	7	4.5	0	25	100	38	0	32	6	10	0	20	8		
Sundae, Pineapple - Medium	234	340	90	10	6	0.5	30	140	54	0	47	8	15	2	25	10		
Sundae, Pineapple - Large	333	480	130	14	9	0.5	45	200	77	0	66	11	20	2	40	15		
Sundae, Strawberry - Small	192	260	60	7	4.5	0	25	105	44	0	36	6	10	40	20	8		
Sundae, Strawberry - Medium	248	350																